

# Give a Child a family

....it's where they belong!!



**SOCIAL WORKERS DON'T STAY MUM ABOUT DADS**  
 Social work professionals from across the Ugu District met together at GCF for a workshop about "the Impact of Absence Fathers" facilitated by Child Line, Durban. The absence of Fathers or a Father Figure in a Family has been highlighted as one of the many challenges children face in their development years and how we can encourage more men to take a more profound role in the family and community. It was a prolific day of interactive dialogue, education and partaking by the Social Workers of Ugu that attended this workshop.

**WELL WELL WELL!! GCF'S WELLNESS AWARENESS**  
 Working in the social services sector can take a psychological, physical and emotional toll on staff, as we deal with the serious issues of Child Protection and Family Care. The care of our staff is very important and this month we held Wellness Sessions for staff such as a presentation on Stress Management as well as Diet and Nutrition. They also had the opportunity to have a free Glucose test, Weigh In and Blood Pressure screening to ensure their physical wellbeing. Health to Body Mind and Soul!!



## WHEN LAST DID YOU HELP A CHILD????

Think back to your Childhood... Think back to when you felt alone or scared...  
 Think back those Loving Arms that held you and made you feel safe...

Now think about not having them...

Day and night Child Care Workers (CCW) are on hand to be those Loving Arms to the most vulnerable and in need children. For many of these children they will be the first truly kind and Loving Arms to embrace them and give them a place to run to when **scared, hurt and very much alone**.

Child Care Workers are the unsung heroes that make the daily difference to so many children. They have a special approach to understand children who came from difficult homes or circumstances, who lack love and who need more than just a bed and a roof over their heads.

The first few weeks of placing a child with their CCW is often referred to as the 'honeymoon' period, as this is where the child and CCW relationship building is undertaken. The child will begin to open up and share with the CCW **the hardships and traumas of their life** and through these discussions it soon becomes apparent that they just want to be loved unconditionally by someone in their life.

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to help out with this project!!



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